Explain why the United States has seen sharply higher rates of obesity and diabetes in recent decades. Use proximate and especially ultimate factors. Illustrate your points with specific examples from the readings and documentaries.

Describe human diets: (in terms of diversity & types of foods) a) in Paleolithic (hunter-gatherer) times, b) after the advent of food production, and c) In Westernized societies

-In each of a), b), and c) explain the changing role of endogenous vs. exogenous factors, including but not limited to the ways that local environments provide the context for diets.

a) In Paleolithic times:

b) After the advent of food production:

c) In Westernized societies: